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Many people live on the earth and there are various cultures and environments.

In ancient times, they did not actively interchange with other cultures, so they formed different cultures. We unlike ancient times, however, can receive more and more cultures and environments because of developed facilities for communication and means of transportation, it's called the "Information Society". But having information doesn't mean having, understanding. To receive other cultures and environments, there has to be many good things but have not a few things like troubles of cultures. To understand the country's characteristic cultures is the solution of the troubles of cultures then, what should we do for understanding other cultures?

Firstly, learn about the country's history. If we know the country's history, we can know the country's customs, traditions and things, which the citizens like. For example, British like tea, but Americans prefer coffee to tea. Why are they different to each other? "Boston Tea Party" is the reason. The Boston tea party was when America was a colony of Britain, citizens of Boston raged about too much colony interference, particularly anti-Britain radicals be the heart, divided to Indian attack sabotaging east India company's vessels and throw all the tea in to the sea. If I didn't know this history, I wouldn't know why Americans prefer coffee to tea.

Secondly, we try to eat a country's characteristic food. Each country has their own characteristic food. That's why eating another country's food will help to understand their cultures. Foods are kind of cultures but how can we understand people from other cultures if we don't try to eat their food?

Thirdly, understanding the people. All people want to receive love and respect, live in good conditions and environments. People's desires are all the same. They want the basics of existence, after that, they need human desires such as understanding, love and respect. Such things mean people are same. They have other governments and religions so they have different ways of living. Understanding these different things gives real understanding of people.

We have understanding to live, and understanding the culture is a very good reason for some people to say, "The world is one". When we understand each other, then "The world is one".

This will be the truth.